



# YETI Outdoor Program

## Rafting - Participant Equipment Checklist

- **Medical** – If you require any specific medications (Ventolin, Epinephrine, etc.) make sure you have this with you.
- **Solid Footwear.** We hike into our climbing destination (Crag) and it is a scramble so please have good shoes for this component.
- **Water** - 1 L reusable bottle.
- **Food** - a detailed food list will be created at the pre-trip planning night.
- **Sunscreen**
- **Clothing List** - *Remember, we may encounter variable conditions.*
  - Rain Jacket
  - Comfortable, snug fitting top and pants for climbing
  - Warm Layers
  - Sacred Socks (A Pair in a Bag to change into, dry feet are important!)
  - Hat and Sunglasses
  - Toque and Gloves
- **Optional Equipment**
  - Camera